



WellBaby

Healthy Moms, Healthy Babies...A World of Difference

Eligibility Requirements (new enrollees effective 7/1/26):

- Montana University System *Choices* Medical Plan enrolled members are eligible to participate in the MUS WellBaby program.
 - If enrolling within the 1st trimester of pregnancy, the participant is eligible for **ALL** of the WellBaby Program benefits if all program enrollment requirements are met.
 - If enrolling during the 2nd or 3rd trimester, the participant is eligible for all of the WellBaby Program benefits if all program enrollment requirements are met, **EXCEPT for the ultrasound benefit waiver and the \$100 incentive.**
- ❖ WellBaby benefits begin the day the participant enrolls in the MUS WellBaby program (enrollment, benefit waiver, and incentives cannot be backdated).
- ❖ Enrollment in the WellBaby program is confidential and voluntary. 😊

How to Enroll:

- Email: wellbaby@umwestern.edu
- Phone: 406-660-0082

WellBaby Program Benefits:

1. Ultrasound Benefit Waivers: All out of pocket costs (deductible/coinsurance) waived for an In-Network provider for the below:

- 2 routine **or** medical maternity ultrasounds (first 2 ultrasounds on or after enrollment start date)

2. Prescription Generic Prenatal Vitamins (with \$0 copay)

3. Incentives:

- \$100 incentive, for enrolling in the WellBaby Program
- \$200 incentive, after completion of the WellBaby Program.
***** Contact the [WellBaby Program Coordinator](#) for further details and incentive requirements.**

4. Take Control Maternal Health Program:

ALL WellBaby Program participants (age 18+) are eligible to enroll in the [Take Control Maternal Health Program](#)! WellBaby Program participants have access to:

- 1-on-1 health coaching: coaches are Certified Lactation Consultants, Certified Exercise Specialists, Registered Dietitians, and Licensed Nutritionists
- Copay waivers for diabetic supplies
- Monthly blog written by Take Control staff, with healthy lifestyle topics
- Take Control website with additional health resources
 - ❖ Below are additional benefits that can be pre-authorized by your Take Control health coach:
- 2 maternity physical therapy sessions, with an In-Network provider, per pregnancy (with \$0 copay)
- 3 additional counseling sessions, with an In-Network provider, per pregnancy (with \$0 copay)

5. Telephonic/Email support from the MUS WellBaby Program Coordinator

Contact the [MUS WellBaby Program Coordinator](#) for additional information on WellBably program benefits and enrollment requirements:

- Jenny Peterson: wellbaby@umwestern.edu / 406-660-0082

❖ **Breast Pump Benefit:** Our MUS Benefits Plan will cover the purchase or rental (up to 10 months or the purchase price) of *one* standard breast pump, **up to a maximum of \$300.**